

**The Liturgical Rite, Priesthood & Fruits of the Eucharist**  
**Friday, November 07, 2014**

Name Instructor \_\_\_\_\_

Period \_\_\_\_\_

Read *Sacrament Textbook*, pp. 88-91, 95-98 and answer the following questions.

1. Why is a good reason to arrive early for Mass? (think of the rituals people perform).  
It allows time for prayer, blessing ourselves with holy water both honors the Trinity and recalls our Baptism. Genuflecting recognizes the Real Presence & prayer helps us focus.

2. What would the author of the Didache recognize about the Penitential Rite today?  
He would recognize how we are still asked to “confess our sins so that your sacrifice may be pure.”

3. What are the sources of readings in the Mass?  
They are taken from the Old Testament, the Psalms, the New Testament Epistles and finally from one of the Gospels.

4. How are the readings different for Sunday and weekday Masses?  
Sunday Masses follow a three-year cycle and daily Masses follow a two-year cycle.

5. Why is the Liturgy of the Word also known as the Mass of the Catechumens?  
Those who were not baptized were dismissed before the Liturgy of the Eucharist began.

6. Where does the Bishop or priest get the power to change bread and wine in the Body and Blood of Christ?  
It is really Christ the Eternal High Priest who changes the substances of the bread and wine into His own Body and Blood.

7. Who are extraordinary ministers of Holy Communion?

They are lay persons appointed to distribute Communion to those present at Mass, or to those who for serious reasons were not able to attend.

---

8. Why should we receive Communion at every Mass we attend? (if in the state of grace).

It fulfills the call for all to become one Body in Christ.

---

9. How often does the Church require her members to receive Communion?

At least once a year, during the period from Ash Wednesday to Trinity Sunday.

---

10. How grave a sin is sacrilege against the Eucharist?

Because of the infinite value of the Eucharist, any act of sacrilege or disrespect against the Eucharist is a very grave sin.

---

11. What did St. Paul say about those who receive the Eucharist in a state of serious sin?

He said they profane the Body and Blood of the Lord and bring judgment upon themselves.

---

Journal Entry for Friday, November 07, 2014

**Day 29: Observing How People Give Loving and Unloving Advise**

Prompt: Is it hard to listen and not give your opinion? To you give advise simply to make a point, or to genuinely help the other person? Do you humble yourself when you give advice?